

DECEMBER 2022

THE SCC NEWS

Summit Community Center Newsletter



OFF TO A GREAT START!

We are so excited to be able to start offering Summit Community Center (SCC) programming at partner sites and in the community as we await construction to finish on our Capitol Hill building in late January 2023.

We have had such a great time getting to know our members and exploring shared interests over the course of the last few months! Thanks to our partners at Dance Underground, Adaptive and Inclusive Movement (AIM), and All That Dance we have been able to dive right into programming.

We also held our first monthly event with Outdoors for All in November at Edgeworks Seattle where we experienced the challenge and thrills of rock-climbing. We have many skilled climbers amongst us!

REGISTER FOR DECEMBER & JANUARY PROGRAMS AT SCC

We are so grateful to each of SCC's first members, who are shaping our community! We are looking forward to our next two months of programming and to continuing the momentum we built in November. We will continue to offer our community-based programming with classes including improv, fitness, yoga, lunch club, dance and music. We're also excited to offer a handful of new classes: adaptive kickboxing, table-top gaming, and Cultural Café, a social group set in a coffee shop with an introduction to learning Spanish. Our Friday outings in December will take members around Seattle for mini-golfing, a trip to the Seattle Aquarium and an IMAX movie.

Registration is open and ongoing for December and January, we hope you'll join us!! The programming schedule and registration link is on our homepage at summitcommunitycenter.org.

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HELP US DO MORE FOR OUR MEMBERS THIS SEASON

We are closing in on completing renovations and offering our full range of programs to our members, thanks to partners and stakeholders in our community. You can help with this final step by contributing before the end of the year. Help us "Close the Gap" to finish construction, purchase start-up materials, and complete hiring - we can't wait to be there for our members in January when we open our doors. [You can make a tax-deductible, year-end donation at summitcommunitycenter.org/donate.](https://summitcommunitycenter.org/donate)

Another way to help is by shopping on our [Amazon Wish List](https://www.amazon.com/wishlist?list=SUMMITWISH) for badly-needed equipment and materials at tinyurl.com/SummitWish. You can also choose SCC as your charity of choice at smile.amazon.com, which will result in a donation being made every time you buy an item on the site.

BECOME A SCC MEMBER

We are here for the community of young adults with intellectual or developmental disabilities (I/DD). We invite you to learn more about membership at the SCC to see if you or someone in your family could benefit from joining us.

More information and the application form are available at summitcommunitycenter.org/join

KEEP IN TOUCH

Stay connected and informed about SCC's progress toward opening our Capitol Hill facility - and about our ongoing programming.

Newsletter Sign Up:
summitcommunitycenter.org/contact

Facebook - [SummitCommunityCenter](https://www.facebook.com/SummitCommunityCenter)

Instagram - [@SummitCommunityCenter](https://www.instagram.com/SummitCommunityCenter)



Thank You to our Friends at Pitch Your Peers Seattle!

SCC was honored in November to have been chosen as the first-place grant recipient by Pitch Your Peers Seattle (PYP Seattle). Their mission is to engage women in local philanthropy and to collectively fund grants to nonprofit initiatives that serve King County. SCC is so grateful to have been awarded \$151,500 through PYP Seattle's internal pitch process., during which members educate their peers about community needs. [Read the full announcement on our Press page at summitcommunitycenter.org/press.](https://summitcommunitycenter.org/press)

"Everyone deserves to feel a sense of belonging and purpose and have meaningful opportunities for enrichment. I think members saw and felt what I did, which is that the SCC will help to foster these critical elements for the young adult I/DD community. It is also incredibly exciting for us to invest in such an important endeavor from the beginning - I hope and believe that PYP Seattle, both as a membership and as individual members, will have a long and meaningful partnership with Summit,"

- Aly Burks, SCC Grant Champion, Co-founder and Vice President, Pitch Your Peers Seattle

Please Welcome Our Programming Staff!

We have met so many amazing people along our journey thus far and we are excited to be able to build our community of staff, mentors, volunteers and members!

We would like to introduce you to a few new faces and names you may see around in our spaces and as you interact with us. These amazing staff have been leading and supporting our community-based programming since November and will continue on with us as we open our building.



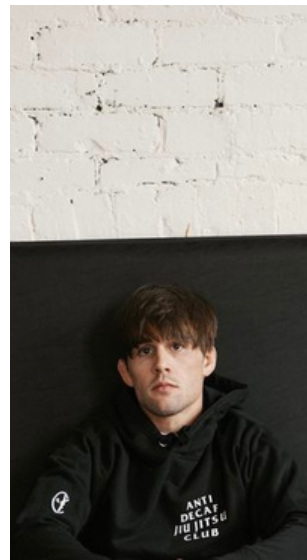
CAMILLE DODSON
Program & Volunteer
Coordinator

Originally from New Hampshire, Camille moved to California after graduation and began working with the adult I/DD population in a community day program. Here she became acutely aware of the lack of enriching programming for adults in this community. After moving to Seattle, she quickly discovered her passion for utilizing the tools of yoga and mindfulness for students with intellectual and developmental disabilities. Camille is excited to join the SCC in a role that feels like the ideal culmination of her experiences, skills, and passion.



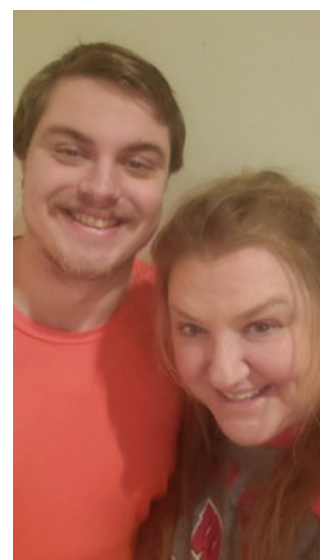
EMILY SHAHAN
Instructor

Emily loves the practice of yoga because it allows one to connect with their true self. She loves sharing yoga with others because she believes it encourages people to see their own independence and inner strength, to see that they are capable, beautiful and strong. Emily writes and performs sketch comedy and brings humor and lightness into the yoga studio.



AUSTIN DAFFRON
Instructor

Austin has a passion for helping young adults with physical activity while engaging in fun and social experiences. Having an educational background in fitness and personal training, Austin has trained and coached adults with disabilities in one-on-one and team settings. He is very excited to work with our members on their fitness goals and set daily habits that they can use in their everyday life.



MARK HAMILTON & HEIDI NELSON
Instructors

Mark, who is on the autism spectrum, is the improv Instructor having had many years of comedy improv classes and performing on stage. Mark's Assistant is his Mom, Heidi, who has enjoyed the fun of taking one improv class. Throughout her life, Heidi focuses on her passion of helping others achieve their potential, follow their own passions, and enjoy life.

NOT PICTURED BUT JUST AS IMPORTANT!... more information to come in future additions

JILLIAN TIMMERMANN
Instructor

KEVIN GREEN
Instructor

JON SALZMAN
Instructor

TRENTON SCOTT
Volunteer

ERIC CASSIDY
Volunteer